

The False Gospel of Porn and the True Gospel of Jesus

Hard Questions. Honest Answers. | July 13, 2025 | Bridge Fellowship Church

Over the past few weeks, we've been asking hard questions and giving honest answers straight from God's Word.

We've talked about biblical marriage—a covenant built on faithfulness.

We've wrestled with divorce and remarriage—and what Jesus really says.

We've addressed same-sex marriage—with both truth and compassion.

And we've tackled sexual purity—what it means to live set apart in a world obsessed with indulgence.

But today, we need to talk about the predator in the room.

Not a person. Not a political movement.

But a global stronghold that's invading hearts and homes.

It doesn't knock before it enters. It doesn't wait until you're grown, married, or ready.

It slides into phones, shows up in ads, hides in curiosity—and it has an agenda.

Its name is pornography. And it wars for our souls.

Porn is so insidious that it warrants its own sermon. It's shaping how we see sex, relationships, and even how we identify ourselves. Whether single or married, parent or teen, if you have eyes—this is your war.

Porn is highly contagious, and it has an agenda. Today, we're going to confront it for what it really is—for the purpose of education, freedom, and victory.

1. Porn Preaches a Gospel—But It's a Lie (*Ephesians 5:1–2*)

Porn preaches to you. Your spouse. Your kids. And it has one goal: to disciple you in darkness.

It tells you:

- What to want
- How to think
- Who you are
- What's normal
- What pleasure really is

But it's a false gospel—yet frighteningly effective:

- 70% of all adolescent boys have viewed porn.
- Pornhub sees over 42 billion visits per year.
- The porn industry is estimated at \$200 billion—comparable to the GDP of entire countries.

Why so effective? Because it keeps users addicted with autoplay, algorithmic hooks, and endless novelty.

But behind it all is something darker than technology—it's demonic. Porn may look like content, but it's straight from the pit of hell.

Four Lies Porn Teaches:

1. You are all that matters.
2. Your pleasure is top priority.
3. People are products to be consumed.
4. Covenant sex is outdated and unnecessary.

Porn isn't just a personal struggle—it's an aggressive evangelist. It spreads through:

- IG reels
- TikTok thirst traps
- OnlyFans
- Erotic audio
- Anime porn
- AI-generated content
- Hook-up apps like Tinder and Ashley Madison

The result? A culture where:

- Sex is casual
- Bodies are commodities
- One-night-stands are celebrated

It's a lie wrapped in desire pretending to be truth. But Jesus offers something better.

“Be imitators of God, as dearly loved children, and walk in love, as Christ also loved us and gave himself for us, a sacrificial and fragrant offering to God.” (*Ephesians 5:1–2*)

Contrast that with porn:

- Jesus gives. Porn takes.
- Jesus builds you up. Porn tears you down.
- Jesus loves. Porn lusts.

The Gospel of Jesus reshapes desire, reorders love, and redefines intimacy. From identity flows a new way of life.

So the call is clear: Walk in love—not lust. In Christ—not culture. And you don't walk alone. The Holy Spirit in you is stronger than sexual sin.

2. Porn Hijacks Your Mind and Rewires It (1 Corinthians 6:18; Romans 12:1–2)

Porn doesn't just tempt—it trains. It hijacks your brain, reprograms how you experience intimacy, and reshapes what you believe about love.

Consider the jeweled wasp. It paralyzes a cockroach and injects venom into its brain. The roach becomes a host, alive but powerless, and is consumed from the inside out.

That's what porn does.

It releases dopamine, oxytocin, and endorphins—but instead of bonding with people, you bond with pixels. Instead of intimacy, you isolate in darkness.

Studies show:

- Reduced grey matter in the reward center
- Weakened self-control (prefrontal cortex)
- Need for escalating stimulation

It escalates. You scroll. You dive deeper. And porn begins consuming you.

The addiction cycle:

1. Boredom/stress
2. Escape to porn
3. Pleasure rush
4. Crash and shame
5. Swear to stop
6. Trigger hits again

This mirrors drug addiction. And the fallout is catastrophic:

- Higher rates of depression and anxiety
- Porn-induced ED in men under 30

But God offers a way out:

“Do not be conformed to this age, but be transformed by the renewing of your mind...” (*Romans 12:2*)

Present your bodies to God:

- Eyes
- Thoughts
- Habits
- Desires
- Screen time

This is not a one-time surrender. It's ongoing. And it's possible because of Christ.

You're not too far gone. You're not beyond healing. The same Spirit who raised Christ can:

- Renew your mind
- Rectify your desires
- Restore what porn has tried to destroy

3. Porn Is Discipling Culture Through Media (*Galatians 5:9*)

Porn isn't just shaping individuals—it's shaping society.

It's not just tempting us—it's normalizing sin. Culture now teaches:

- Lust = confidence
- Immodesty = empowerment
- Sexual indulgence = freedom

Social media is full of:

- Thirst traps
- Revealing clothing
- Cleavage and gym selfies

This includes moms, influencers, and teens. People don't even realize they're training themselves to sexualize their own bodies.

Streaming shows like:

- The Golden Bachelor
- Sister Wives
- Bridgerton
- P-Valley

These are soft-core porn with plotlines.

And music? Every generation has had sexually charged lyrics. Same message. Different sound.

We're being trained daily to:

- View people through lust
- Treat modesty as outdated
- See purity as unrealistic

Paul warns:

“A little leaven leavens the whole batch.” (*Galatians 5:9*)

Just a little compromise distorts your view of sex, holiness, and intimacy.

Desensitization isn't strength—it's surrender. If you can watch filth and feel nothing, that's not maturity—it's deception.

So ask yourself: What's your next compromise? Evaluate now—before it goes further.

4. The Truth According to Jesus: Freedom Is Real and Purity Is Possible (*Titus 2:14; Psalm 51:10*)

Jesus doesn't just expose sin—He breaks its chains.

Culture says:

- Purity is impossible
- Addiction is your identity
- You're too broken for God

Jesus says:

“He gave himself for us to redeem us from all lawlessness and to cleanse for himself a people for his own possession...” (*Titus 2:14*)

That means:

- He gave Himself for you—willingly.
- To redeem you from all sin—including porn addiction.
- To cleanse you—completely.

Jesus can:

- Remove guilt *and* desire
- Heal shame *and* transform your mind
- Forgive your past *and* empower your future

You don't need more filters—you need a new heart. You don't need more willpower—you need surrender.

And to help you walk in freedom, we've created **Sexual Purity and Freedom** resources.

Click the link below to access your resource guides and devotionals.

<https://bridgefellowshipchurch.com/wp-content/uploads/2025/07/22Dealing-With-Sexual-Immorality22-Resource.pdf>

Pick the one that fits where you are right now—and let's walk toward freedom together.

Closing Prayer

**Jesus, we come to You broken and ashamed—
But You are full of mercy.**

You see our hearts. You know our history.
And You do not turn away.

So today we cry out:

- Rescue us
- Cleanse us
- Restore us

We surrender:

- Our eyes
- Our minds
- Our desires
- Our screens

- Our shame

Transform us.

Fill what lust has emptied.

Heal what sin has shattered.

Let our lives declare:

Porn is not our master.

Sin is not our identity.

Shame is not our story.

Jesus is Lord.

And in Him—we are free.

In the name of Jesus Christ, our Redeemer, our Restorer, and our Victory—Amen.